

Living with Motor Neurone Disease - A Spiritual Perspective # 29

Can you wrap your legs around your own neck? With MND I can no longer manage that particular trick!!

This feat, or feet, was one of the many at The Cirque Du Soleil which we recently enjoyed for a second time. The theme of this years event was observing ones own funeral ahead of time. The clown seeing events from his life flashing before his very eyes. You might think that a little morose, but none of it. Fun, games and, yes, a wee bit of pathos, were found in almost every scene.



As they juggled, acrobated, tight roped, and generally performed their unique take on circusing, I couldn't help but wonder as to what I would want said at my own farewell. Nice words from family and friends? A synopsis of a less than spectacular life maybe? A sense of hope as to my destination, for sure. A passage looking forward to the return of some strength to my limbs:

'They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint'

Maybe even get those assembled to sing the Notts County Wheelbarrow Song. Actually, the words to that would be very appropriate! At the end of the day I decided on something quite simple ... he nearly always did his best!

What about you?

Go well.