

# News Letter

Brigstock with Stanion, Lowick and Sudborough

Sunday 15<sup>th</sup> June to Saturday 21<sup>st</sup> June 2025.

Even with the best pair of glasses perched on our noses we can only see a fraction of the Electromagnetic Spectrum. The visible light part of this, that we can observe with our own senses, is less than 1% of all the 'stuff' that flies around the universe. A little more down to earth and our hearing is interesting too. Even with the best of hearing we can detect sounds from 20 to 20000 Hertz. Cattle and elephants can detect sounds below this frequency, which is good for hearing long distance rumbles, apparently! The champion of hearers though must be the dolphin. It can hear sounds at 100,000 Hertz!

Here endeth the very amateur science lesson. My point being that we can only sense a small proportion of what is going on around us, both near and far. Most of what we call reality is invisible to us. We should accept that only a fraction of what there is to know, can be easily known. Yet Jesus encouraged his followers to be lifelong seekers. And the author of the Letter to the Hebrews, in our New Testament, wrote this:

Now faith is the assurance of things hoped for,  
the conviction of things not seen.

With our senses being so limited it's well worth maximising as much of them as we can. And that includes our spiritual faculties too. In this weeks Gospel passage (John 16. 12-15) Jesus promises his people some help. Assistance in maximising their spiritual senses. The divine equivalent of a good pair of specs or a decent hearing aid. That support comes in the presence of the Holy Spirit. With me now as I tap the keys on a Laptop, and with you as you read this reflection. The Holy Spirit of God making known that which is 'invisible' just as your Wi-Fi receiver makes sense of the radio waves we can't hear.

We are called to 'seek first the Kingdom of God'. To engage, sight and hearing alongside that which stirs within each one of us. As the Psalmist once wrote:

Be still and know that I am God.

Go well.



## **Sunday Services**



**Sunday 15<sup>th</sup> June 09.30 a.m.** All Saints Sudborough  
**11.30 a.m.** St Pters Stanion All Age service

**Sunday 22<sup>nd</sup> June 10.00 a.m.** St Peters Lowick

**Sunday 29<sup>th</sup> June 10.00 a.m.** Benefice Patronal Festival Service at St Peters Lowick for all of the family (not Holy Communion)

**Sunday 6<sup>th</sup> July 11.00 a.m.** St Peters Stanion

For further information and updates please visit our website [www.harperbrookanglicans.org.uk](http://www.harperbrookanglicans.org.uk)

## **Mid-Week Services**

**Friday 20<sup>th</sup> June 10.00 a.m.** St Andrews Brigstock Holy Communion

**Please note that during Rev'd Heathers absence cover has been arranged for the Thursday morning Holy Communion services however some weeks the service may be on alternative days and may not start until 11.00 a.m. To help you plan ahead details are given below. These dates and time may be subject to change so please keep an eye on your News Letter.**

Thursday 26<sup>th</sup> June 10.00 a.m.

Thursday 3<sup>rd</sup> July 10.00 a.m.

Thursday 10<sup>th</sup> July 11.00 a.m.

Thursday 17<sup>th</sup> July 10.00 a.m.

Thursday 24<sup>th</sup> July 10.00 a.m.

Friday 1<sup>st</sup> August 10.00 a.m.

Thursday 7<sup>th</sup> August 11.00 a.m.

Thursday 14<sup>th</sup> August 10.00 a.m.

Friday 29<sup>th</sup> August 10.00 a.m.

- **This week's Mind** – Sylvia Jean Wills 2019, Barbara Marjoribanks-Egerton, Peter Hart 1988, Clarence Sherratt 1999, John Nichols 1983, Brian Alan Tarrant 2020

## ***Parish Notes***

**Rector:** The Reverend Heather Lowe

**Associate Minister (Church Army):** Captain Alan Lowe,

Telephone: 07548 892020 – **During Rev'd Heathers absence this number will be in use and monitored by Jackie Makepeace**

Address: 14 Willow Lane, Stanion, Northamptonshire, NN14 1DT

**Reader & Safeguarding Officer** – Jackie Makepeace

Telephone: 01832 358978

**Churchwarden Contact telephone numbers:**

**Lowick** – Jo Boyers 07542 555249

[Jo.boyers@btinternet.com](mailto:Jo.boyers@btinternet.com) or  
[lowickchurchwarden@gmail.com](mailto:lowickchurchwarden@gmail.com)

**Sudborough** – Jeremy Crouch 07790 651116

(Also Lay Worship Leader for the Benefice)

**Brigstock** – Vacant

**Stanion** – David Lafferty 01536 200175

**Benefice Administrator** – Allison Porter email: [beneficeoffice5@btinternet.com](mailto:beneficeoffice5@btinternet.com) or telephone 01536 373509 or 07933 804432

**Benefice website:** <https://www.harpersbrookanglicans.org.uk>

### **SUNDAY LUNCH CLUB – 1<sup>st</sup> Sunday of the Month.**

Sunday Lunch group meets monthly for good food and company for folk who would otherwise be eating dinner on their own. If you are interested, please contact Carol on the following number and leave your contact details 07894261164. If a lift is required it may be possible for people from the same locality to liaise with each other.



**Little Treasures Baby and Toddler Group** meet at Stanion Village Hall on a Friday in school term time from 10.00 a.m. - 11.30 a.m. For Parents and Carers with their children.

Craft, sensory play, toys, jigsaws, drinks and snacks. £3.00 for first child and siblings £1.00 each (the increase is due to an increase in the village Hall rental cost). Concessions for those on Universal Credit.

## Dates for your Diaries and Church News

### ST PETER'S CHURCH NEWS - SUMMER 2025

SUMMER IS HERE! We have a busy time coming up with a variety of events, many including cake, which we welcome everyone to join in.

For a short while our services will be taken by a variety of local Revs while Rev Heather takes a break. Our next monthly **service** is Holy Communion on **June 22<sup>nd</sup> at 10 a.m.** We also have an extra **service** on **June 29<sup>th</sup> at 10 a.m.** when we will celebrate our patron saint, St Peter. This will be a family friendly service for the whole Benefice, (not Holy Communion), to which, as ever, all are welcome. We hope to decorate the church - if anyone would like to help, please let me know - and will have refreshments after the service with a chance to meet friends, enjoy the beautiful building and catch up on wildlife developments in the churchyard.

Which brings me nicely onto ..... our application for a Churchyard Conservation Award. During the past year we have developed and started to implement a management plan using many of the criteria set out by the local wildlife trusts to encourage and protect the precious environment of the churchyard. You may have already seen the notice board in the church porch detailing our plans - if not, please have look next time you have the chance. The judges visited the churchyard in early June to have a look at what we have done so far and make suggestions for future projects but we have to wait until the Awards Ceremony in September to find out which level we have achieved. If you would like more information, please come along to the **service** on **29th June**, or afterwards if you prefer, to find out more or contact me, details below.

On the subject of cake..... our next **Coffee Morning** will take place on **Tuesday 24<sup>th</sup> June from 10 - 12 at the Germain Rooms**. Please join us for a chance to catch up with friends, £2 per person. We will take a break during July and August but hope to resume in September if there is enough support.

And finally, there will be much, much more cake available at our **Summer Sundays Tea and Cake** events at the Germain Rooms during July and August. On **Sundays 20<sup>th</sup> and 27<sup>th</sup> of July and 3<sup>rd</sup> and 10<sup>th</sup> of August**, tea, cake and scones will be available in abundance from 2 - 4 pm to raise funds for St Peter's. We hope that this will be a relaxing and delicious way to pass a sunny afternoon whilst supporting a very good cause, so please come along and spread the word to friends and family, we will be delighted to see them. So, as you can see, we have been working hard behind the scenes and continue to do so to raise enough money to 'keep the doors open' to all who wish to visit our precious church whether for praise, quiet reflection or to admire its unique features. More is planned, including fabulous **Produce Sales in September**. We would like to thank all who continue to support these efforts in a variety of ways. If you would like more information on any of the events above or feel you would like to lend support in anyway, please contact me, details below, I would love to hear from you.

Jo Boyers, Churchwarden

[Lowickchurchwarden@gmail.com](mailto:Lowickchurchwarden@gmail.com)

07542555249



**Stanion Village Fete** (Church, School and Village Hall) will be on the 5<sup>th</sup> July, more information to follow. For further information please contact [kate.redding@sky.com](mailto:kate.redding@sky.com)



**St Peter's, Stanion** - Christmas Tree Festival on Saturday 29<sup>th</sup> November 10.00 a.m. – 3 p.m.